



**FREE  
TRIAL  
DAY**

# Elders Voice Day Care Service

**For adults living with dementia or a long-term health condition**

Our Day Centre offers older adults the opportunity to socialise, make friends and participate in fun activities in a nurturing and inclusive environment. It also provides respite to carers, who can enroll their loved ones knowing they are in safe hands.

We offer a variety of stimulating activities including chair yoga, baking and art, and when it's warm and sunny we do a spot of gardening in the Elders Voice garden.

The Centre is run by a small team of passionate and caring staff with over 70 years of care experience between them. We are based in Kensal Green next door to the station, and are open on Mondays, Tuesdays and Thursdays. Prospective clients are invited to experience a free trial day at the Centre.

To find out about eligibility, open hours and cost, call the office on: 020 8206 7502 or email: [info@eldersvoice.org.uk](mailto:info@eldersvoice.org.uk).

Address: Elders Voice, 181 Mortimer Road, Kensal Green, NW10 5TN

[www.eldersvoice.org.uk](http://www.eldersvoice.org.uk)

**ELDERS  
VOICE**



Elders Voice has been a lifesaver for both myself and my husband. I get time for myself and he has fun and the company of others.

What truly stands out is the staff - they are incredibly kind & caring, and treat everyone like family.



Dad really enjoys his time there, everyone makes him feel so welcome. He especially enjoys the company and the reminiscence activities.

The activities keep Mum engaged & happy, and she's built some really lovely friendships along the way.



The conversation and focus on Mum as a person and not a patient makes a difference to us all.