



Age-Friendly Brent

Age-Friendly Brent – A Borough Where Everyone Can Age Well

Age-Friendly Brent is our vision for a borough where older people can enjoy a healthy, active and fulfilling later life. We want Brent to be a place where older residents live in homes they love, participate in activities that enrich their wellbeing, and feel connected to their community.

How We're Making it Happen

Age-Friendly Brent is led by older people themselves and a consortium of organisations including the Brent Pensioner's Forum, Brent Council, Elders Voice, Ashford Place and Age UK HHB - all joining forces to make life better for older people as we age.

Your Voice Matters

We're creating an Age-Friendly Brent Action Plan and it starts with listening to you.

Ways to get involved and share your experiences and ideas:

- Join forums or focus groups
- Take part in online, phone or postal surveys
- Come along to our launch event in the autumn
- Become an Age-Friendly Ambassador; a local resident who champions the voices of older people, helping make sure changes reflect the real needs of our community.

To find out more please contact Fay Austin, Age-Friendly Brent Project Coordinator on: 07856 346285 / faya@eldersvoice.org.uk.